

Speaker's Biosketch

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Jung Eun Kim (National University of Singapore, Singapore)

Dr. Kim Jung Eun is presently an Assistant Professor in the Department of Food Science and Technology at National University of Singapore and she is also a nutrition scientist with advanced training in dietetics and human clinical research. She graduated with a B.S and M.S at the Ewha Womans University, South Korea and she earned her Ph.D degree in Nutritional Sciences at the University of Connecticut, USA. Dr. Kim further completed a dietetic internship at Yale-New Haven Hospital, USA and became a registered dietitian. Then she had a post-doctoral research associate role at the Purdue University, USA.

Dr. Kim's long-term research goal is to develop and validate dietary strategies and recommendations that effectively protect against age-associated chronic diseases and promote public health. To fulfill her long-term goal, her current research interest includes investigating the effects of dietary constituents (including bioactive compounds and dietary macronutrients) or a healthy eating pattern diet (i.e. My Healthy Plate) on cardiovascular disease risk and other cardio-metabolic health parameters in middle-aged and older adults from human clinical studies.

Dr. Kim currently serves as an advisory committee member on both the Complementary Health Products at the Singapore Health Sciences Authority and the Evaluation of Health Claims at the Singapore Food Agency.